

Orienteering Young Leaders Award

This award is designed for 14-19 year olds and will enable them to introduce the basic skills of the sport, provide fun activities on a safe enclosed site and assist as volunteers at school or local events.

Course Requirements

- Anyone over the age of 14 can attend the course, and the course prepares candidates to provide orienteering leadership in the presence of a suitably qualified coach/teacher
- It's great if candidates have orienteering experience prior to starting the course and a bonus if they have taken part in a club orienteering event

Course Venue

- Courses will be held at a venue where a variety of activities can be shown to candidates; some activities will be indoors and some outdoors using an appropriate map

Candidates are trained to work

- On enclosed school sites approved by the school concerned or other appropriate authority
- Under the direct supervision of a teacher/leader
- On other sites and at events when under the direct supervision of an appropriately qualified person

Course Overview

The Course is divided into six 1 hour sessions, which can be delivered as individual sessions, half or full day sessions or mixtures of these. The sessions show a progression through different environments including Classroom / Hall / Gymnasium / Playground / School Grounds. Candidates will be given the opportunity to discuss which exercises they would use with different groups, and how they would work together with the other young leaders and teachers.

Course Fees

- Certificate Fee is £1.00 per candidate; these can be pre ordered in bulk, no names required
- Tutor pack £40.00 inc all session plans, tutor resources, CD for candidate hand-outs and other supporting material

Supporting Information

- [YLA Information Pack](#)
- [YLA Tutor Pack Applications for Schools](#)
- [YLA Tutor Pack Applications](#)

Recommended Reading:

- 'Orienteering in the National Curriculum Key Stages 1 to 3' by Carol McNeill, Peter Palmer and Jim Martland 3rd edition 2003

- 'Teaching Orienteering' by Carol McNeill, Jean Cory -Wright and Tom Renfrew, good for outdoor centres, general coaching
- 'Start Orienteering books 1 to 4' and 'Start Orienteering Games and Exercises'